







Creating Client-centered Mental Health & Addiction 'Systems'



What is a client-centered 'system', and how do we develop one?





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 In the beginning...Rogers created *clientcentered therapy*

 More generally now...we understand clientcentered *care*



client-centered = priority







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client-centered = <u>prior</u>ity



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 Most care providers deliver client-centered care...once the client is in with the care provider

• But...there's always a but ...







but...what about the hoops the client had to jump through to get to receiving care?

Let's look at some examples.

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- phone calls
- reception
- intake
- data collection

- wait times
- waiting rooms
- assessments
- etc.





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- These are *system* issues.
- Do they serve the needs of the system *prior to* those of the client.

• Who's to blame? Whose fault is it?



• Nobody's fault

• Evolution and assimilation



How can **you** create a client-centered system?

- <u>Don't</u> ask theoretical questions about clientcenteredness.
- <u>Don't</u> imagine what it would be like if YOU were the client



How can you create a client-centered system?

For every decision, ask this one question:

If the client was my sister, my father, my son or daughter, how would I want this part of the *system* to work?





The answer to that question, will give you real steps toward a clientcentered system.



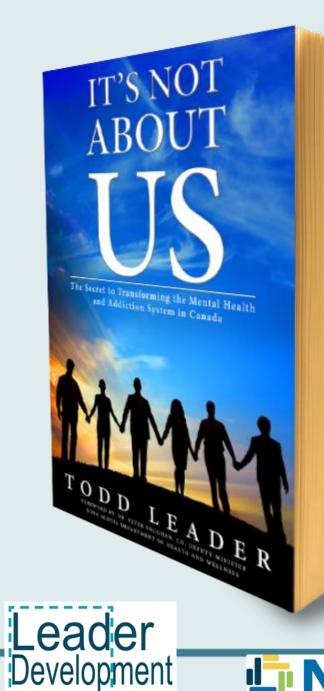


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Thank You!

Question and Answers





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It's Not About Us;

The Secret to Transforming the Mental **Health and Addiction System in Canada**

Available at:

www.itsnotaboutus.ca

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